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A LETTER FROM THE DIRECTOR

The Poplar Bluff Parks and Recreation Department would like to welcome you to our recreation guide! We have worked hard to include various adult and youth recreational activities and community events to engage, entertain, and inform you and your family. Our community and its citizens are our most valuable asset! Parks and Recreation strives to make our community a place where we can showcase quality parks, trails, and greenspaces; provide health and wellness opportunities; and build partnerships throughout our community. As a Parks and Recreation Department, we also realize the benefits of driving business and the economic impact we can have within our community. Please enjoy our recreation guide and the many opportunities our community has to offer!

PLAY

HAVE FUN

PARTICIPATE

VOLUNTEER

SPONSOR

Park Department Staff
Lanny Corcimiglia, Director
Chris Waite, Administrative Assistant
Greg Riggs, Recreation Supervisor
Murray Hammond, Horticulturist
Steve Lawson, Maintenance Supervisor
Harold Brown, Maintenance
Jeremy Johnson, Maintenance
Carl Postin, Maintenance
Reuben Edwards, Maintenance
Bert Spradling, Golf Course Superintendent
Andy Dorris, Maintenance
David Campbell, Maintenance
Jeff Bland, Working Foreman
Vacant, Aquatics Supervisor

Park Board
Eric Schalk, President
Dale Dickerson • Jeremy Booker • Brock Littles
Paul McVey • John Scott • Terry Mizell
Mitch Davis • Steve Hicks

City Council
Robert Smith, Mayor
Steve Davis, Mayor Pro Tem
Ed DeGaris • Shane Cornman
Barbara Horton • Ron Black
Lisa Armes Parson

City Manager
Mark Massingham

Professional Memberships
National Recreation & Park Association
Missouri Park & Recreation Association

Poplar Bluff Parks and Recreation Department
430 North Second Street • P.O. Box 472
Poplar Bluff, MO 63902-0472
Office: 573-686-8645 • Fax: 573-686-8613
Hot Line: 573-686-8000

For more information call 573-686-8645 or visit pbparks.org
Park Department Hotline
686-8000

Call the Parks and Recreation Department Hotline to receive up-to-date information on program cancellations or postponements. When the weather is questionable, the hotline will tell you if your program will go as scheduled. Decisions on cancellations for evening activities due to inclement weather are made at **3:30 p.m.** and the information will be announced on the hotline.

Park Department Website
pbparks.org

Get up-to-date information about the Park Department programs. You can print current program registration forms, check your schedule, register and pay online, reserve pavilions, ballfields, etc. and find out if games are cancelled due to inclement weather. Game cancellations will be posted after **3:30 p.m.** If you need more information contact the Park Department Office, 686-8645.

Get Information about:
- Weather Cancellations
- Registration Deadlines
- Class Updates
- Special Events Announcements

Signing up is easy and free. Just follow the link below and go through the simple 2-step process and select the categories you wish to receive information for based on the events you are interested in.


Or call our office at 686-8645 and we’ll set it up for you.

Text Messaging Sponsored by:

firstmidwest
YOUTH BASEBALL & SOFTBALL

Registration:
March 2 – March 27
Registration Fee: $15

Registration forms are available at the Park Department Office and distributed to all schools in the Poplar Bluff R-1 School District or you can register and pay online, pbparks.org. Registration forms must be returned to the Park Office, 430 North Second Street.

Pre-season practice will begin the week of April 20 with league games starting the week of May 11.

YOUTH BASEBALL & SOFTBALL POLICIES

Any boy or girl who resides in the Poplar Bluff R-1 School District who will be 8 years old before August 1, 2020 and who will not turn 16 years old before August 1, 2020, is eligible to participate. The age division for all participants will be determined by their age on July 31, 2020. Exception: Players may move up to the next age group but once moved they will not be allowed to return to the lower age group. This does not apply to participants in the Coach Pitch League wanting to move up to Civic League. No exceptions allowed. The full roster batting order and unlimited substitutions will be used in all youth leagues.

Civic, Little, Sub-Junior Girls, and Junior Girls leagues use four outfielders and pitching machines for increased participation. Little League and Junior Girls play a split season of machine/live arm. All players must play a minimum of every other inning in the field. Players must furnish their own gloves and shoes. Team sponsors provide shirts, caps and equipment. Metal spikes are not permitted.

COACH PITCH

Registration:
March 30 – April 17
Registration Fee: $15

Age Division: Boys and girls who will be 6 years old on July 31, 2020, but who will not turn 8 years old on or before July 31, 2020.

This is a non-competitive, coed program with learning fundamentals and having fun the objective of the league. Practice and games will be at McLane Complex. The first scheduled date will be used for an organizational practice session. Teams will have a ½ hour practice session followed by a game for the remaining 5 weeks of the program. At least two volunteer parent coaches will work with each team. Each player will receive a T-shirt. For more information contact Recreation Supervisor Greg Riggs at the Park Office, 686-8645.

Coach pitch games will be played Tuesdays and Thursdays at 5:30 and 7:30 p.m. May 19, 21, 26, 28 and June 2 & 4.

For more information call 573-686-8645 or visit pbparks.org
YOUTH BASEBALL & SOFTBALL SCHEDULE

<table>
<thead>
<tr>
<th>League</th>
<th>Location</th>
<th>Ages</th>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>BASEBALL</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Civic League</td>
<td>McLane Complex</td>
<td>8-9 boys</td>
<td>MWF</td>
<td>5:30-8:30 p.m.</td>
</tr>
<tr>
<td>Little League</td>
<td>McLane Complex</td>
<td>10-11 boys</td>
<td>MWF</td>
<td>5:30-8:30 p.m.</td>
</tr>
<tr>
<td>Pony League</td>
<td>McLane Complex</td>
<td>12-13 boys</td>
<td>M-F</td>
<td>5:30-7:30 p.m.</td>
</tr>
<tr>
<td>Babe Ruth</td>
<td>McLane Complex</td>
<td>14-15 boys</td>
<td>M-F</td>
<td>5:30-7:30 p.m.</td>
</tr>
<tr>
<td>SOFTBALL</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sub-Junior</td>
<td>McLane Complex</td>
<td>8-9-10 girls</td>
<td>Tu/Th</td>
<td>5:30-8:30 p.m.</td>
</tr>
<tr>
<td>Junior Girls</td>
<td>McLane Complex</td>
<td>11-12 girls</td>
<td>Tu/Th</td>
<td>5:30-8:30 p.m.</td>
</tr>
<tr>
<td>Senior Girls</td>
<td>McLane Complex</td>
<td>13-15 girls</td>
<td>M/Th</td>
<td>5:30-7:30 p.m.</td>
</tr>
<tr>
<td>COACH PITCH</td>
<td></td>
<td>Ages 6-7</td>
<td>Tu/Th</td>
<td>5:30-7:30 p.m.</td>
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GENERAL ORGANIZATIONAL RULES

All participants must have verification of date of birth on file at the Park Department. Parents must submit a copy of a birth certificate for all first year participants in a Parks and Recreation Department youth program, and/or for other participants upon request.

All teams will be organized by the rules set forth by the Park Board. Brothers/sisters who fall into the same age group may, upon request at the time of registration, have their applications submitted together and be placed on the same team.

It is the parent or guardian’s responsibility to notify the Park Department of their desire for the children to be placed on the same team. Special requests for youth that are not brothers or sisters to be on the same team will not be allowed. A player’s pool of late registrants will be assigned by team needs using a process set forth by the Park Board. Late registrants are not guaranteed assignment to a team.

OUR MISSION: To provide sports services at no cost to the persons with mental and physical developmental disabilities, creating a support network for individuals, families and the community. For more information contact Alex Tinker, 429-2742 or Lisa Collins, 300-5747. Find us on Facebook: PBBuddyBall

Sponsorships must be paid before team is placed on schedule.
The Cleats of Fire Track & Field Club has three primary Goals. A Short Term Goal, Medium Term Goal and Long Term Goal.

The short term goal is to introduce young kids and their families to the sport of track and field. Track and Field has over 20 events for every type of athlete, so it takes a few years to determine what your kids area will be in track and field.

The Medium Term is the mentoring and the development of the athlete into particular events.

In this phase, athletes are introduced into Regional and National Competition where they begin to fine tune their speciality skills and assist them in developing socially, and make an attempt to become an All American Athlete.

Long term goal is to assist the athlete in securing financial assistance to continue the higher level of education to college through Track and Field.

The last two goals are very important to guiding the athlete and their family in determining their scholarship opportunities.

Our program has assisted many high school athletes receive collegiate scholarships.

For more information contact Coach Kevin Ellis
573-429-9030
Email: kce40@yahoo.com or Check us out on Facebook-Cleats of Fire
PB MIDDLE SCHOOL
Intramural Basketball
Grades: 4, 5 & 6
Register through school.
1300 Victory Ln. • 573-785-5566

Basketball is $300 per team. All teams are guaranteed (6) six games and can play up to (8) games possible (5 pool play games then a single elimination tournament).

For any questions you have please contact:
Chad Allen Cell (573) 421-4571.
Email: ribcityshootout@gmail.com

For more information visit our website at www.ribcityshootout.com

The Rib City Shootouts were started in 2010. The shootouts were developed to fulfill a need for summer shootouts in Southeast Missouri. We have grown from 65 teams our first year to over 800 teams this past summer. Our locations provide the opportunity for teams to play others in regions and states they would normally not compete against. We are anticipating having over 1000 teams this summer.

First United Methodist Church
Kindergarten - 1st Grade Basketball
Registration Dates: Fall 2020
Cost: $20

All kindergarten and 1st grade students, during the 2020-2021 school year, are eligible to play in this basketball league that begins in January and runs through February. For more information, contact Recreation Supervisor Greg Riggs at 686-8645.

For more information call 573-686-8645 or visit pbparks.org

YOUTH SPORTS

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For more information call 573-686-8645 or visit pbparks.org

YOUTH SPORTS
PB Christian Soccer Camp
May 29—June 1, 2020
Black River Industrial Park
Friday and Saturday—10:00am to 4:00pm
Sunday—1:00pm to 4:30pm
Ages kindergarten through 12th grade. For more information contact Amanda Gowen at 573-429-0708, amanda@fumcpb.org or Travis Gowen, 778-5369.
Pre-register $45 before 5/1/20; $55 after 5/1/20

Optimist Soccer League
Challenger International Soccer Camp
June 22-26, 2020
at Whiteley Park
Ages 3—5   8:00am to 9:00am
Ages 6—16   9:00am to noon
Ages 8—16   9:00am to 4:00pm
Camp registration is open! To view the camp and learn more about Challenger International Soccer, visit https://challenger.configio.com/pd/190319/poplar-bluff-optimist-soccer-league. For more information contact Brock Littles, 573-718-4235 or email blittles@onemidwest.com

Optimist Soccer League
Spring Registration
February 3-28, 2020
Grades: 1-6
Fall registration
August 3, 2020
Registration will be for youth who turn 4 years old by July 31, 2020
Registration forms will be available at the Parks and Recreation Office, 430 North Second St., Poplar Bluff. Register and pay online on our website pbsparks.org or PB-OSL website: www.pbosl.com. Like us on Facebook.
TRC BASKETBALL CAMPS

Coach Gene Bess Basketball Camp
Camp Director – Coach Gene Bess
Phone: 573-840-9611
gbess@trcc.edu
Coach Brian Bess
Phone: 573-840-9612
bbess@trcc.edu

Players will learn from the TRC Coaching Staff and several current and former Raiders. The camps will emphasize the basic basketball fundamentals and skills that can improve their overall game. The players will learn by participating in drills and scrimmages. The camp will also consist of team competitions and various other contests.

CAMPS

<table>
<thead>
<tr>
<th>Boy's Week Long Camp</th>
<th>June 8 - 12</th>
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<tbody>
<tr>
<td>COST</td>
<td>$215 – Player, $60 Housing</td>
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<tr>
<th>Girl's Week Long Camp</th>
<th>July 6 - 10</th>
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<tbody>
<tr>
<td>COST</td>
<td>$215 – Player, $60 Housing</td>
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<table>
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<tr>
<th>Boy's Week Long Camp</th>
<th>July 13 - 17</th>
</tr>
</thead>
<tbody>
<tr>
<td>COST</td>
<td>$215 – Player, $60 Housing</td>
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</tbody>
</table>

All camps include three sessions:
- Morning: 9:30am – 11:30am
- Afternoon: 1:00pm – 4:00pm
- Evening: 6:00pm – 8:00pm

COST: The cost of the camp includes – 3 sessions
- each day, noon meals, limited insurance, t-shirts, participation certificates and awards for outstanding performance.

HOUSING: Room availability is first-come, first-served.

The registration form can be found at:
http://www.raidersathletics.com/sports/mbkb/index

For more information call 573-686-8645 or visit pbparks.org
ADULT SUMMER SOFTBALL

Team Registration: March 23 – April 17
Fee: $350 per team

Both men’s and women’s adult softball leagues will be offered if four (4) or more teams register. Women’s league may be divided into 2 divisions, A and B. The men’s league will begin play late May at Hillcrest Park and the women’s league will begin play late May at McLane Park.

Seasons will include a minimum of ten games and at least a single elimination tournament.

ADULT FALL SOFTBALL

Team Registration: July 27 – August 7
Fee: $350 per team

There will be a men’s league and a coed league if four (4) or more teams register. League play will begin August 26, 2020, at Hillcrest Park.

ADULT VOLLEYBALL LEAGUE

Registration: September 28 – October 9
Registration Fee: $300 per team

We will offer a Women’s A, Women’s B, and a Coed Volleyball League in the Fall of 2020. League play begins in early November at Poplar Bluff Junior High. For more information contact Recreation Supervisor Greg Riggs at 686-8645.

CORPORATE/BUSINESS SPONSORSHIP

As a participant or spectator in one of the many activities offered by the Poplar Bluff Parks and Recreation Department you may have wondered how you might be able to present your company name to the many participants of our programs. The Park Department offers interested businesses or individuals the chance to co-sponsor leagues, tournaments, and youth special events. Potential sponsors are matched to an area of their interest for a fee to be determined by the program or event and its cost. As a sponsor you will get equal billing as a co-sponsor with the Parks and Recreation Department. Your name will appear on all media information, awards, and schedules. If you are interested in playing an active role in the community’s recreational pursuits, please call the Parks and Recreation Department at 686-8645.

Sponsorships must be paid by the time games start.

McLane Complex and Whiteley Soccer Fields have recycling containers during the busiest seasons. Help us to help the environment by using these containers.

Some water fountains are freeze-proof and they have a delayed water action. Sometimes you have to press the button and . . . . wait.

For more information call 573-686-8645 or visit pbparks.org
BALL FIELD RENTAL

Ball fields may be reserved on a first-come, first-served basis. Ball fields located in Linc, Hillcrest, and Whiteley Parks are available for rental. The field rental amount does not include field preparations or supplies. The baseball-softball complex at Jerry F. McLane Park may also be rented. Call the Park Department for details.

SPECIAL EVENT

The Southeast Area Special Olympics Poplar Bluff Track and Field Meet will be held on Friday, April 24, in Poplar Bluff. Opening ceremonies will begin at 9:00am. The Poplar Bluff Parks and Recreation Department, McDonalds, Poplar Bluff Public Schools, and the Highway Patrol Troop E of Poplar Bluff sponsor the event. The Southeast Area serves over 1,150 athletes from a nineteen county region.

For more information or to volunteer at the meet contact Penny Williams at the Southeast Area Office, phone 573-339-6733 or email Williams@somo.org.
RUNS, WALKS & SPECIAL EVENTS

For more information call 573-686-8645 or visit pbparks.org
All runners will get a T-shirt, however to be guaranteed a T-shirt on race day you must register by April 1. Race packets may be picked up at the Chamber of Commerce April 9, between 8am to 5pm or 30 minutes prior to start of race. No refunds. Race day signups, add $5.
MISSOURI ANGEL’S SHOWER ME IN
COLOR 5K RUN/WALK
Saturday, April 25 • 9am - 11am • McLane Park
Registration: 7:30-8:30am  Cost: $25

Missouri Angels is hosting a 5K Color Run/Walk. We are an open pageant system which is free of charge to participants. Any boy or girl, newborn to 105, with a physical or mental disability, is welcome to participate. Money raised will further the continuance of this free pageant. For more information contact Teryl Smith (573)300-9171, Kayla Mattingly (573)712-6282, or Teresa Bradshaw (573)714-5259. Like us on Facebook.

For more information call 573-686-8645 or visit pbparks.org
CALLING ALL SUPERHEROES!

SOCK & UNDIE RUNDIE

5K WALK/RUN
SPORT FAMILY-FRIENDLY UNDIES OR CAPES IN SUPPORT OF FOSTER AND ADOPTED KIDS!

DONATE
NEW SOCKS OR UNDERWEAR FOR KIDS IN FOSTER CARE

REGISTER:
FOSTERADOPT.ORG/UNDIERUNDIE

May 16, 2020 - 9:00 am
$25 + Socks & Undies
Special kid pricing too!

McLane Park
474 Highway W
Poplar Bluff, MO 63901

For more information call 573-686-8645 or visit pbparks.org
BAM-BICYCLE ACROSS MISSOURI

2020 ROUTE

Sunday May 31 - Friday June 5
Poplar Bluff, MO

Monday: Poplar Bluff ↔ Sikeston 69.3 miles +759 ft
Tuesday: Sikeston ↔ Cape Girardeau 69.5 miles +1377 ft
Wednesday: Cape Girardeau ↔ Perryville 52.2 miles +3821 ft
Thursday: Perryville ↔ Farmington 44.3 miles +2583 ft
Friday: Farmington ↔ Ste. Genevieve 62.5 miles +3859 ft
Farmington ↔ Ste. Genevieve (return) 37.1 miles +2062 ft

Website: bigbamride.com  Like us on Facebook BigBAM

For more information call 573-686-8645 or visit pbparks.org
26TH ANNUAL DOWNTOWN 5K

Saturday, June 27, 2020

Missouri Running Company is serving as the race organizer for our 4th of July weekend “Downtown 5K.” Race to be held Saturday, June 27. Stay tuned for details.

THREE RIVERS COLLEGE RUN 4 THE ARTS

Saturday, September 12, 2020

Contact the Development Office at Three Rivers College:
Email: development@trcc.edu or call 573-840-9077. This event will help raise funds for scholarships and equipment for art students at Three Rivers College.

3RD ANNUAL POPLAR BLUFF

Saturday, October 3, 2020

The Walk to End Alzheimer’s is the nation’s largest event to raise awareness and funds for Alzheimer’s care, support and research. Since 1989, this all-age, all-ability walk has mobilized millions to join the fight against Alzheimer’s disease. As the nation’s largest voluntary health organization in Alzheimer’s care, support and research, the Alzheimer’s Association is entrusted with the responsibility to combat the Alzheimer’s epidemic. Last year nearly 400 people from across the Bootheel enjoyed music, food and fun while honoring those living with Alzheimer’s. Join us Saturday, October 3 at McLane Park, and help us #ENDALZ! For more information visit http://act.alz.org or contact Jacob Farmer at jbfarmer@alz.org or 317-626-9098.
Volunteers Needed!
Become a Walking Group Leader!

Are you interested in creating a healthier community?
Contact us about being a walking group leader in your community.
Walking group leaders will be given monthly gift cards ($50-100) for their effort!
Call (573)870-0113 for more information.

Benefits from Walking

- Increased Energy and Stamina
- Relieve Stress and Improve Mood
- Sleep Better
- Improve Balance and Coordination
- Spend Time Outdoors with Family and Friends
- Reduce Cancer Risk
- Prevent or Manage Chronic Conditions

First Meeting - Thursday, March 26, 4:30 pm at the Chamber of Commerce
For more information call 573-686-8645 or visit pbparks.org
COMMUNITY EVENTS

Thursday, June 4th
Downtown Poplar Bluff

For more information on these events or questions visit our website downtownpoplarbluff.org

For more information call 573-686-8645 or visit pbparks.org
**5TH ANNUAL ST. JUDE VIP BANQUET**

Friday, August 14, 2020  
Black River Coliseum  

Doors open at 5:30pm and the banquet will feature dinner and drinks, celebrity appearances, live and silent auction, raffles and more. For more information, contact Miranda Fickert at 573-718-2875. Pre-registration is available at eventbrite.com

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**10TH ANNUAL ST. JUDE ARCHERY SHOOT**

Saturday, August 15, 2020  
MO Dept. of Conservation Archery Range  

The day will kick off at 8:00am with trickle starts anytime from 8:00am to 2:00pm. The shoot, sponsored by Headhunters TV and Indian Creek Bowhunters, includes men, women and youth divisions with trophies awarded for top place in each class. A free Youth Archery Camp will be offered at noon. Kid's ages 6-16 can pre-register by calling 573-718-2875. Other fun events for the day include novelty shoots, a long shot competition, celebrity appearances and door prize drawings. Concessions will be available with all proceeds going to benefit St. Jude. For more information, contact Miranda Fickert at 573-718-2875. Pre-registration is available at eventbrite.com

For more information call 573-686-8645 or visit pbparks.org
COMMUNITY EVENTS

HALLOWEEN STORY TIME AND CRAFT
Saturday, October 24, 2020
Hendrickson Park
3:00pm to 5:00pm
The Park Department and the Poplar Bluff Municipal Library have partnered to bring this FREE EVENT to you.

SEVENTEENTH ANNUAL SANTA LAND
December 1, 2020
Black River Coliseum
Children can visit with Santa and participate in all kinds of fun holiday activities.
For more information contact Recreation Supervisor Greg Riggs at the Park Department, 686-8645, or Donna Smith at Walmart
This local event, is co-sponsored by the Park Department and Walmart.

MARGARET HARWELL ART MUSEUM
415 N. Main Street
(573) 686-8002

KIDZART CAMP
June 15-19, 2020  9:00am - 11:30am
July 20-24, 2020  1:00pm - 3:30pm
Cost per Class: $60 per student
(Includes Supplies & Snacks)
The Margaret Harwell Art Museum will offer special week-long youth art camps this summer for youth 2nd grade through 7th grade. The classes will be held at the MHAM annex, 415 N. Main Street.
Pre-registration is required. For more information on the art classes contact the Art Museum at 686-8002.

MONTHLY ART CLASS
Ages: 7-12 Unless otherwise noted
Saturdays—10am to 12pm
Cost per monthly class: $10
February 22—Petal Painting - Brush Tricks
March 21—Recycled Art for Earth Day
April 18—Intro to Clay Molding
Check with the Museum for Fall Class Schedule

HALLATEENTH ANNUAL SANTA LAND
December 1, 2020
Black River Coliseum
Children can visit with Santa and participate in all kinds of fun holiday activities.
For more information contact Recreation Supervisor Greg Riggs at the Park Department, 686-8645, or Donna Smith at Walmart
This local event, is co-sponsored by the Park Department and Walmart.
COMMUNITY EVENTS

2020 CHAMBER OF COMMERCE EVENTS

Monthly: First Friday Coffee
January: Annual Chamber Banquet
January: Annual Farm Award Luncheon
March 17, 2020: St. Patrick’s Day Trivia
April 23, 2020: Teacher of the Year
May 4, 2020: Chamber Luncheon
May 15, 2020: Ladies Golf Outing
June 25, 2020: Industrial Appreciation Dinner
August 10, 2020: Chamber Luncheon
August 20, 2020: Chamber Games
September 18, 2020: Chamber Golf Outing
October 13–16, 2020: Member Appreciation Week
October 29, 2020: Halloween Trivia
November 6–7, 2020: Holiday Gift Shop Open House
January 30, 2021: Annual Chamber Banquet

The Greater Poplar Bluff Area Chamber of Commerce
1111 West Pine Street | Poplar Bluff, MO 63901
Phone: 573.785.7761 | Direct: 573.872.4044
www.poplarbluffchamber.org | www.visitbutlercountymo.com

KIWANIS EVENTS CALENDAR

PB Kiwanis meet every Thursday @ noon @ Holiday Inn.
We have lunch for all, including guests.

Our primary fund raising is to complete phase two of our all inclusive park section at Kiwanis Bacon Park.

We have our annual events:

Pancake Day
PB Jr. High, Saturday March 14, 2020 @ 6am-noon

Kiwanis Pajama Rama-
Collect pajamas for Foster Adopt Connect, December 2020

We are near completion of our Buddy Bench program to collect plastic caps and lids for the elementary schools in PB.
We hope to have a bench on every campus by May 2020.

Anyone interested in more information concerning our club may join us at our Thursday lunch meeting, or call our membership chairman: Steve Whitworth at 573-714-4411, or our current President: Dennis Ward at 573-300-2997

PB LIONS CLUB

Meets regularly
Contact Larry Kimbrow
Phone: 573-776-3496
Email is Larry.Kimbrow@gmail.com

ROTARY CLUB

Meetings are usually held the 1st, 3rd, and 4th Wednesdays of the month at noon.
For more information about Rotary contact President Dan Jackson,
Phone: 573-718-2046 or email: djdds@mycitycable.com

Fundraisers: Fall - Casino Night usually late October or early November • Spaghetti Day is held in April

International Service Projects: Through partnerships Rotary has helped with the eradication of polio, providing clean water, neonatal, and low-cost cataract surgeries in third world countries.

Local Service Projects: An ongoing partnership with Lake Road School has helped fund and supply their good habits store. The good habits store is an incentive program that reinforces good behavior with rewards. Also, A Buddy Bench will be placed at Lake Road School. Members also help serve a Sunday afternoon meal every other month at the Bread Shed. Rotary is an organization, along with others, that funds the Shop with a Hero program. Two little libraries have been installed at Hendrickson Park and Karen West Communities by funds provided by the Rotary Club. Other community charitable organizations funded by Rotary include Child Concern, Rescue Mission, Haven House, and The Learning Lab.

For more information call 573-686-8645 or visit pbparks.org
Taking Care of You
A multi-session program offering practical strategies and experiences to help you deal with the stress in your life. Managing life’s challenges in a healthy way allows you to take better care of yourself and your overall health.

Boost Your Brain and Memory
You can boost your brain health by focusing on healthy habits in six areas: heart health, nutrition, physical activity, social engagement, cognitive engagement, and stress management.

For more information and dates of these courses
John Fuller, MSW, Human Development Specialist
fullerjc@missouri.edu • 573.686.8064
Focus on Kids

Pre-registration and payment is required 48 hours prior to the class. Cost: $35 per person

Helps divorced and separated parents learn how to support their children through the divorce process and how to work together in co-parenting their children. Focus on Kids satisfies the Missouri law that requires parents who are divorcing or filing a motion to modify the original divorce decree to attend an educational parenting program. More than half of all marriages end in divorce, and the majority of these involve children. Conflict between parents, both before and after a divorce, is associated with many negative outcomes in children. The purpose of this workshop is to help parents learn how to nurture and support their children during and after their divorce. It is conducted in cooperation with Missouri’s circuit courts.

Date                  Times
Wednesday, February 19 5:30-8:00 p.m.
Wednesday, April 15    9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, May 20      9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, June 17     9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, July 15     9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, August 19   9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, September 16 9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, October 21  9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, November 18 9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.
Wednesday, December 16 9:30 a.m.-12:00 p.m.
                        5:30-8:00 p.m.

GRAND FAMILIES

The program will provide families and professionals with information and skills to strengthen families’ relationships, interactions and communications. Topics included may range from parenting and relationship building to financial and legal issues. The goals of this program include: increased awareness of where to find specialized resources for relative caregivers, increased understanding of the legal aspects regarding caregiving for relatives, and improved caregiver-child relationships. In addition to direct education for relative caregivers and professionals, MU Extension continues its efforts through a local support group.

This group meets the 2nd Wednesday of every month from 12 p.m. – 1 p.m. There are no support group meetings in June, July, and August. The annual conference is in September.

To register contact: MU Extension Office – Butler County
614 Lindsey Ave. Suite 3 | Poplar Bluff, MO 63901
573-686-8064
Focus on Kids contact: John Fuller | fullerj@missouri.edu

Explore PB Parks & Rec | 25

For more information call 573-686-8645 or visit pbparks.org
**HEALTH & WELLNESS EVENTS**

**YOGA BASICS**
Where: Poplar Bluff Library  
When: 3rd Saturday of the month.  
10:30-11:30am.  
All skill levels welcome. Be sure to bring a yoga mat or towel and wear comfortable clothing. Presented by Studio 33. For more information: www.poplarbluff.org

**GRIEF SHARE**
Where: Fellowship General Baptist  
When: April 3rd. 6:00-7:30pm.  
Grief is part of the human experience when a loved one passes away. Grief Share seeks to help us understand the natural process. Contact the church at 785-6981 for more information.

**KNIT & CROCHET CLUB**
Where: Poplar Bluff Library  
When: Every other Friday.  
Time: 2:00-4:00pm.  
Drop in when you can and learn basic knitting and crocheting while you make your first project, brush up on techniques, or just stitch with good company. All ages welcome. For more information: www.poplarbluff.org

**SENIOR SEMINARS**
Where: Twin Towers Altrusa Room  
Free Seminars hosted by RSVP.  
Scams and Financial Exploitation of Seniors:  
Wednesday, March 18 at 10:00 am.  
Opioid Crisis and Seniors:  
Wednesday, June 24th at 10:00 am.

**INFANT FEEDING CLASS**
Where: Butler County Health Department  
When: 1st Thursday of the month.  
4:00pm.  
This class is great for first-time expectant mothers and fathers! Learn about breastfeeding. For more information call BCHD WIC Office 573-785-7044.

**SHOW ME NUTRITION**
Where: Poplar Bluff Library  
When: March 13. 3:30-4:30pm.  
Learn about healthy nutrition through books, activities and crafts. For more information and to register contact the University of Missouri Extension Office at 686-8064.

**BREASTFEEDING SUPPORT GROUP**
Where: Butler County Health Department  
When: Bi-Monthly on the 3rd Thursday. 4:30pm.  
Meet with our other breastfeeding mothers and their babies in a comfortable and supportive environment and discuss various aspects of breastfeeding. These get togethers will boost confidence, help develop skills and lend support to breastfeeding mothers. For more information call BCHD WIC Office 573-785-7044.

**AUTISM CONFERENCE**
Where: First United Methodist Church  
When: May 1  
To educate and provide support for parents and professionals who work with individuals with autism spectrum disorders, including educators, psychologists, speech/language pathologists, medical professionals, applied behavior analysts, employment specialists, vocational rehabilitation counselors, service coordinators and advocates. For more information and to register contact Butler County Community Resource Council at 776-7830.

Presented to you by: Butler County Wellness Council. If you are interested in joining our Council, contact the Butler County Community Resource Council at 573-446-4830.

For more information call 573-686-8645 or visit pbparks.org
To lead 4-H Afterschool Programs.
All Volunteers must pass a background check.
Curriculum is provided.
PB MUNICIPAL LIBRARY

Poplar Bluff
Municipal Library

Shakespeare Festival St. Louis
performs
Cymbeline
2 pm Apr 18

Serving nature and you
Borrow a fishing pole
& tackle box for free!
Checks out for
7 days!

Page’s Park Path
Poplar Bluff Parks and Recreation
and Poplar Bluff Municipal Library

Imagine Your Story
SUMMER READING
June 1 - August 1

Little Free Libraries
Take a Book.
Give a Book.

Magical Christmas Tour
December 5th
Visit Santa Claus
Live Music
Christmas Crafts
Hot Chocolate

Ferguson Grove Park
Hendrickson Park
Poplar Bluff Library
Wheatley School

Library cards are
FREE for all
those who reside
in the following
Missouri
counties:
Butler, Carter,
Dunklin, Ripley,
Stoddard and
Wayne

For more information call 573-686-8645 or visit pbparks.org
PB MUNICIPAL LIBRARY

Explore PB Parks & Rec | 29
2020 CALENDAR OF EVENTS

- FEBRUARY: “TWIN” The Art of Twins Terry and Jerry Lynn. Feb.1-29. Reception, Saturday March 1, 6-8:00 pm.
- MARCH: “Watercolors by Gary Cadwalader”. Watercolor USA Honor Society member. March 7-29. Reception on Saturday, March 7, 6-8:00 pm.
- APRIL: “20th Annual High School Juried Exhibit”. April 5-26 Reception, Sunday, April 8, 1:00 - 4:00 pm.
- MAY: “Sculptural World of Ralph Freer and Mack Warren”. May 2-31. Reception Saturday, May 2, 6:00-8:00 pm
- JUNE: “The Art of the late Eileen Melton”. June 6-28 Reception, Saturday June 6, 6:00-8:00 pm.
- JULY: 34th Annual Pictures by the People. July 7-26. Opening reception, Friday, July 10, 6:00 -8:00 pm.
- AUGUST: “Photography of Mark Pelton”. August 1-30. Reception Saturday, August 1. 6:00-8:00 pm.
- SEPTEMBER: “Cindy Kopenhafer, Oils, Pastels, Watercolors, Drawings” September 5 through October 25. Opening reception Saturday, September 7, and artist talk from 6:00 till 8:00 pm.
- OCTOBER: Cindy Kopenhafer continues.
- Saturday, October 10: “Fifth Annual Cork + Fork .“ Fundraiser in the Friends Sculpture Garden. Tickets $35.00, or $30.00 to Friends members. 6:30 -9:30 pm.
- NOVEMBER: 67th Annual Artists Guild Regional Exhibit. November 1-29. Opening reception, Sunday, November 1, 1:00 to 4:00 pm.
- DECEMBER 5, 2020 – JANUARY 24, 2021: Watercolor Now! 2020. Opening reception: Saturday, December 5, 6:00 to 9:00 pm. This is open to members of Watercolor USA Honor Society to exhibit. Two hundred of the finest watercolor artists in the country. We were honored to host their 2018 exhibit, we are doubly honored to host them again!

PAINTING CLASSES PRESENTED BY ROSE ANN HUCK
Margaret Harwell Art Museum Annex • 415 N. Main Street • 10:00 am to 4:00 pm

March 21 – Experimenting with texture
May 23 – Painting water and clouds
July 18 – Painting trees and landscapes

September 26 – Working in mixed media
November 14 – Plein Aire painting (painting outdoors)

For more information call MHAM 573-686-8002 or Rose Anne Huck at 573-785-3334.
**Jazz Festival: Happiness Is Embracing Tradition**, 7 p.m. February 13 and 15, Tinnin Fine Arts Center at Three Rivers College; free. TRC Music Department’s tribute to jazz featuring junior high, high school, and TRC jazz bands on February 13 and the all-district jazz band and TRC Jazz Band on February 15. Details at trcc.edu/tinnin.

**Jubilation Jazz**, 7 p.m. February 14, Tinnin Fine Arts Center at Three Rivers College; tickets $15. Patrons of the Arts presents a concert by this diverse group of musicians from across the state of Arkansas that shares the gospel through big band music. Details at trcc.edu/tinnin.

**Gene Watson**, 7 p.m. February 27, Rodgers Theatre; tickets $20 for presale general admission, $25 for general admission at the door. Patrons of the Arts and the Rodgers Theatre partner to present a concert by Gene Watson, who performs classic country songs about life, heartaches, loves, and family. Details at trcc.edu/tinnin.

**Cutouts and Other New Work by Allan Winkler**, February 28-March 27, Tinnin Gallery at Three Rivers College; artist lecture 12 p.m. February 28 in Room 108 of the Robert W. Plaster Free Enterprise Center at TRC; free. Colorful, detailed paper cutouts featuring a variety of subjects. Details at trcc.edu/tinnin.

**Wizard of Oz**, 7 p.m. March 6, 7, 13, and 14, and 2 p.m. March 7, 8, 14, and 15, Tinnin Fine Arts Center at Three Rivers College; tickets $10. Carlie Dillinger, director of last year’s Alice in Wonderland, directs this Center Stage musical based on the classic film about Dorothy’s adventures over the rainbow with special performers from The Dance Company. Details at trcc.edu/tinnin.

**Alvin Youngblood Hart**, 7 p.m. March 19, Tinnin Fine Arts Center at Three Rivers College; tickets $15. Patrons of the Arts presents a concert by Alvin Youngblood Hart, a Grammy Award winning practitioner of country blues, 60s and 70s guitar rock, and more. Details at trcc.edu/tinnin.

**Blister Island Fire Project**, April 3-April 17, Tinnin Gallery at Three Rivers College; select reading 12 p.m. April 3 in Room 108 of the Robert W. Plaster Free Enterprise Center at TRC; free. A unique group show where visual artists collaborate with poets to create mixed media works. Details at trcc.edu/tinnin.

**Happiness Is Spring Melodies**, 7 p.m. April 7, Tinnin Fine Arts Center at Three Rivers College; free. TRC students share their musical talents and passions with inspiring spring pieces. Details at trcc.edu/tinnin.

**Three Rivers Fine Art Student Exhibition**, April 22-May 8, Tinnin Fine Arts Center at Three Rivers College; free. Awards presentation: 12 p.m. April 24. Juried show of works by Three Rivers College students. Details at trcc.edu/tinnin.

**Rhonda Vincent**, 7 p.m. April 23, Rodgers Theatre; tickets $20 for presale general admission, $25 for general admission at the door. Patrons of the Arts and the Rodgers Theatre partner to present a concert by Grammy award-winning bluegrass musician and singer and Missouri native Rhonda Vincent. Details at trcc.edu/tinnin.

**Happiness Is Happy Days—A New Musical**, 7 p.m. May 1-2 and 2 p.m. May 3, Tinnin Fine Arts Center at Three Rivers College. Tickets $10, $5 with any school ID, free for ages 5 and younger. Take a trip down memory lane with Richie and The Fonze with the TRC Music Department’s performance of Happy Days—A New Musical based on the TV series. Details at trcc.edu/tinnin.
Happiness Is the Love of Music, 7 p.m. May 5, Tinnin Fine Arts Center at Three Rivers College; free. The TRC Music Department shares its love of music in this Spring concert. Details at trcc.edu/tinnin.

A Neil Diamond Tribute, 7 p.m. May 16, Rodgers Theatre; tickets $20. Patrons of the Arts and the Rodgers Theatre partner to present this Broadway-style production in which Diamond look- and sound-alike Keith Allynn unveils the story of Diamond’s life and career through Diamond’s own songs. Details at trcc.edu/tinnin.

Carpenters Once More, 2 p.m. May 17, Rodgers Theatre; tickets $20. Patrons of the Arts and the Rodgers Theatre partner to present this tribute concert starring vocalist Diana Lynn and featuring the best of The Carpenters. Details at trcc.edu/tinnin.

The 2020-21 season for the Tinnin Fine Arts will be announced in August. Look for it at trcc.edu/tinnin and get the latest updates by following us at facebook.com/TinninCenter/.

Three Rivers College Events

- TRC Raiders Baseball and Softball games will be played February-April. Schedules at raidersathletics.com. For game updates, follow the Raiders at facebook.com/ThreeRiversRaidersAthletics/ or twitter.com/ThreeRivers_MO.
- Three Rivers College Commencement, 6 p.m. May 15, Libla Family Sports Complex.
- TRET Golf Tournament, June 12 at Westwood Hills Country Club. Fundraiser for the Three Rivers Endowment Trust. Registration and sponsorship information to be posted at trcc.edu/development/events.
- 2020 Run 4 the Arts, 9 a.m. September 12 at Three Rivers College. 4-mile run-walk/1-mile walk to raise funds for scholarships for students studying the arts at TRC. Registration and sponsorship information to be posted at trcc.edu/development/events.
- Meet the Raiders, 6 p.m. September 14, Libla Family Sports Complex. Kick off for the 2020-2021 athletics season with this introduction of players and coaches for the Raiders basketball and baseball teams, the Lady Raiders basketball and softball teams, the rodeo team, and the cheer team.
- Raider Madness, 6 p.m. October 1, Libla Family Sports Complex at TRC. The first practice of the season for the TRC Raiders and Lady Raiders basketball teams.
- TRC Championship College Rodeo, October 15-17, Art Saunders Arena, Sikeston Jaycee Bootheel Rodeo grounds. Details will be at raidersathletics.com and facebook.com/ThreeRiversRaidersAthletics/.
- TRC Raiders Men’s and Women’s Basketball season begins in October. Schedules at raidersathletics.com. For game updates, follow the Raiders at facebook.com/ThreeRiversRaidersAthletics/ or twitter.com/ThreeRivers_MO.

For more information call 573-686-8645 or visit pbparks.org
OPEN SWIM

<table>
<thead>
<tr>
<th>Age</th>
<th>Fee</th>
<th>Time</th>
<th>Days</th>
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<tbody>
<tr>
<td>Youth (17 &amp; under)</td>
<td>$2.00</td>
<td>1-5 pm</td>
<td>Daily</td>
</tr>
<tr>
<td>Adults (18 &amp; over)</td>
<td>$3.00</td>
<td>1-5pm</td>
<td>Daily</td>
</tr>
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</table>

LAP SWIMMING

Lap swim is held every Monday through Saturday from noon until 1 p.m. The fitness-minded may swim their laps during this time without interruption from recreational swimmers. This program is strictly for lap swimmers.

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<thead>
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<th>Fee</th>
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<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (17 &amp; under)</td>
<td>$1.00</td>
<td>12-1 pm</td>
<td>M-Sat.</td>
</tr>
<tr>
<td>Adults (18 &amp; over)</td>
<td>$2.00</td>
<td>12-1 pm</td>
<td>M-Sat.</td>
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FAMILY SWIM NIGHT

Thursday nights are Family Swim Nights. Admission is just $5 for the entire family. Qualifications for Family Membership: Everyone in household with proof of residency may be on a family membership. Up to 5 members may be on a plan; more than 5 will increase rate by $2.00 per person. Children must be accompanied by a parent.

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<tr>
<th></th>
<th>Fee</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Individuals</td>
<td>$2.00</td>
<td>6:30-8:00 pm</td>
<td>Thurs.</td>
</tr>
<tr>
<td>Family (3 or more)</td>
<td>$5.00</td>
<td>6:30-8:00 pm</td>
<td>Thurs.</td>
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</table>

PRIVATE POOL PARTIES

You can rent the pool for a private party for your group when it’s not open for public use. Cost for lifeguards is included in the fee. Rates are based on a minimum of two hours. Call the pool manager at 686-8651 to schedule a date for your party.

COST:

- Up to 30 people: $50.00 per hour (min. 2 hours)
- Each increment of up to 25 additional people is $15 per hour.

Swimming Lessons Schedule

**Registration Opens June 1, 2020**

<table>
<thead>
<tr>
<th>Class</th>
<th>Dates</th>
<th>Times</th>
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<tbody>
<tr>
<td>Level 1-6</td>
<td>June 15-25 M-Thurs</td>
<td>11:00am</td>
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<tr>
<td>Water Explorer</td>
<td>June 15-24 M-Wed</td>
<td>11:00am</td>
</tr>
<tr>
<td>Level 1-6</td>
<td>June 15-25 M-Thurs</td>
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<tr>
<td>Adult Lessons</td>
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<td>5:30 pm</td>
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POOL PASS

**Best Value in Summer Swimming**

The pass may be used as often as desired for the entire season. Includes all recreational and lap swim programs.

**Cost for the season pass is:**

- Individual: $30
- Family: $50

(Immediate family members living in the same household.) Everyone in household with proof of residency may be on a family membership. Up to 5 members may be on a plan; more than 5 will increase rate by $2.00 per person.

FATHER’S DAY SPECIAL

Father’s swim free with one paid child all day on Father’s Day, June 21, 2020.

For more information call 573-686-8645 or visit pbparks.org
THE POOL WILL BE CLOSED SATURDAY, JUNE 27, 2020
FOR AN AAU JUNIOR QUALIFYING SWIM MEET

AMERICAN RED CROSS
LEARN TO SWIM

Registration: June 1 - until classes are full at the Park Department Office, 430 N. Second Street.
Cost: $20 per child

Students successfully completing a swim course will receive a certificate. Children must be at least 6 years old and meet a minimum height requirement of 42 inches. Maximum class size will be 10 students per instructor. Lessons will be held Monday through Thursday with Friday being used as a makeup day for weather cancellations.

WATER EXPLORER

Registration: June 1 - until classes are full at the Park Department Office, 430 N. Second Street.
Cost: $20 per child

This is a parent/child (parent must be in the pool with the child) program designed to help 3 to 5 year old children gain independence and increase their comfort level in and around the water. Elementary aquatic skills and water safety are taught that will help prepare children for the Learn to Swim levels later.

ADULT SWIMMING LESSONS

Registration: June 1st - until classes are full at the Park Department Office, 430 N. Second Street.
Cost: $20 per person

This is a beginning swimming class. Perfect for the adult who does not know how to swim or who is afraid of the water.

SWIM LESSONS LEARN-TO-SWIM SKILLS CHART

<table>
<thead>
<tr>
<th>Learn-to-Swim Level 1: Introduction to Aquatic Skills</th>
<th>Learn-to-Swim Level 2: Fundamental Aquatic Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water Adjustment, Entry and Exit</td>
<td></td>
</tr>
<tr>
<td>• Enter water using ramp, steps or side</td>
<td>• Enter by stepping or jumping from the side into shoulder-deep water</td>
</tr>
<tr>
<td>• Exit water using ladder, steps or side</td>
<td>• Exit using ladder, steps or side from chest-deep water</td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Breath Control and Submerging</td>
<td></td>
</tr>
<tr>
<td>• Blow bubbles, 3 seconds</td>
<td>• Fully submerge and hold breath, 10 seconds</td>
</tr>
<tr>
<td>• Bobbing, 5 times</td>
<td>• Bobbing, 10 times</td>
</tr>
<tr>
<td>• Open eyes underwater and retrieve submerged objects in shallow water, 2 times</td>
<td>• Open eyes underwater and retrieve submerged objects in chest-deep water, 3 times</td>
</tr>
<tr>
<td></td>
<td>• Rotary breathing, 5 times</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Buoyancy</td>
<td></td>
</tr>
<tr>
<td>• Front glide, 2 body lengths</td>
<td>• Front glide, 2 body lengths</td>
</tr>
<tr>
<td>• Recover from a front glide to a vertical position</td>
<td>• Float in a face-down position, 10 seconds</td>
</tr>
<tr>
<td>• Back glide, 2 body lengths</td>
<td>• Front float</td>
</tr>
<tr>
<td>• Back float, 5 seconds</td>
<td>• Jellyfish float</td>
</tr>
<tr>
<td>• Recover from a back float or glide to a vertical position</td>
<td>• Tuck float</td>
</tr>
<tr>
<td></td>
<td>• Recover from a back float or glide to a vertical position</td>
</tr>
<tr>
<td></td>
<td>• Back glide, 2 body lengths</td>
</tr>
<tr>
<td></td>
<td>• Back float, 15 seconds</td>
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<tr>
<td></td>
<td>• Recover from a back float or glide to a vertical position</td>
</tr>
</tbody>
</table>
### SWIM LESSONS LEARN-TO-SWIM SKILLS CHART

<table>
<thead>
<tr>
<th>Learn-to-Swim Level 1: Introduction to Aquatic Skills</th>
<th>Learn-to-Swim Level 2: Fundamental Aquatic Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Changing Direction and Position and Treading</strong></td>
<td><strong>Changing Direction and Position and Treading</strong></td>
</tr>
<tr>
<td>• Roll from front to back</td>
<td>• Roll from front to back</td>
</tr>
<tr>
<td>• Arm and hand treading actions, in chest-deep water</td>
<td>• Change direction of travel while swimming on front or back</td>
</tr>
<tr>
<td></td>
<td>• Tread water using arm and leg actions, 15 seconds in shoulder-deep water</td>
</tr>
<tr>
<td><strong>Swim on Front</strong></td>
<td><strong>Swim on Front</strong></td>
</tr>
<tr>
<td>All – 2 Body Lengths</td>
<td>• Combined arm and leg actions on front, 5 body lengths</td>
</tr>
<tr>
<td>• Alternating leg action</td>
<td></td>
</tr>
<tr>
<td>• Simultaneous leg action</td>
<td></td>
</tr>
<tr>
<td>• Alternating arm action</td>
<td></td>
</tr>
<tr>
<td>• Simultaneous arm action</td>
<td></td>
</tr>
<tr>
<td>• Combined arm and leg actions on front</td>
<td></td>
</tr>
<tr>
<td><strong>Water Safety</strong></td>
<td><strong>Water Safety</strong></td>
</tr>
<tr>
<td>• Staying safe around water</td>
<td>• Staying safe around water</td>
</tr>
<tr>
<td>• Recognizing the lifeguards</td>
<td>• Don’t Just Pack It, Wear Your Jacket-demonstrate</td>
</tr>
<tr>
<td>• Don’t Just Pack It, Wear Your Jacket-demonstrate</td>
<td>• Recognizing an emergency</td>
</tr>
<tr>
<td>• How to call for help-demonstrate</td>
<td>• How to call for help-demonstrate</td>
</tr>
<tr>
<td>• Too Much Sun Is No Fun</td>
<td>• Too Much Sun Is No Fun</td>
</tr>
<tr>
<td>• Look Before You Leap</td>
<td>• Look Before You Leap</td>
</tr>
<tr>
<td>• Think So You Don’t Sink</td>
<td>• Think So You Don’t Sink</td>
</tr>
<tr>
<td>• Reach or Throw, Don’t Go</td>
<td>• Reach or Throw, Don’t Go</td>
</tr>
<tr>
<td>• The danger of drains</td>
<td>• The danger of drains</td>
</tr>
<tr>
<td><strong>Exit Skills Assessment</strong></td>
<td><strong>Exit Skills Assessment</strong></td>
</tr>
</tbody>
</table>

1. Enter independently, using either the ramp, steps or side, travel at least 5 yards, bob 5 times, then safely exit the water. (Participants can walk, move along the gutter or “swim.”)
2. Glide on front at least 2 body lengths, roll to a back float for 5 seconds, then recover to a vertical position. (This part of the assessment can be performed with assistance.)

1. Step from the side into chest-deep water, push off the bottom, move into a treading or floating position for at least 15 seconds, swim on front and/or back for 5 body lengths, then exit the water.
2. Move into a back float for 15 seconds, roll to front, then recover to a vertical position.
3. Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to the front, then continue swimming for at least 5 body lengths.
<table>
<thead>
<tr>
<th>SWIM LESSONS LEARN-TO-SWIM SKILLS CHART</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Learn-to-Swim Level 3: Stroke Development</strong></td>
</tr>
<tr>
<td><strong>Water Entry and Exit</strong></td>
</tr>
<tr>
<td>- Enter water by jumping from the side, fully submerge, then recover to the surface and return to the side</td>
</tr>
<tr>
<td>- Headfirst entry from the side in a sitting and kneeling position</td>
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<tr>
<td>- Headfirst entry from the side in a compact position</td>
</tr>
<tr>
<td>- Headfirst entry from the side in a stride position</td>
</tr>
<tr>
<td>- Shallow-angle dive from the side</td>
</tr>
<tr>
<td>- Shallow-angle dive, glide 2 to 3 body lengths and begin any front stroke</td>
</tr>
<tr>
<td><strong>Changing Direction and Position and Treading</strong></td>
</tr>
<tr>
<td>- Change from vertical to horizontal position on front</td>
</tr>
<tr>
<td>- Change from vertical to horizontal position on back</td>
</tr>
<tr>
<td>- While in a vertical position, rotate one full turn</td>
</tr>
<tr>
<td>- Tread water, 1 minute</td>
</tr>
<tr>
<td>- Shallow-angle dive from the side</td>
</tr>
<tr>
<td>- Tread water, 5 minutes</td>
</tr>
<tr>
<td>- Tread water, using legs only, 2 minutes</td>
</tr>
<tr>
<td><strong>Swim on Side</strong></td>
</tr>
<tr>
<td>- Scissors kick, 15 yards</td>
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</tbody>
</table>
### Learn-to-Swim Level 3: Stroke Development

**Water Safety**
- Reach or Throw, Don’t Go-demonstrate
- Think Twice Before Going Near Cold Water or Ice
- Look Before You Leap
- Developing breath control safely
- Making good decisions-choosing an exit point

1. Jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate one full turn, then turn as necessary to orient to the exit point, level off, swim front crawl and/or elementary backstroke for 25 yards, then exit the water.
2. Push off in a streamlined position, then swim front crawl for 15 yards, change position and direction as necessary, swim elementary backstroke for 15 yards, then exit the water.

### Learn-to-Swim Level 4: Stroke Improvement

**Water Safety**
- Reach or Throw, Don’t Go-demonstrate
- Reaching assist
- Throwing assist
- Recreational water illnesses
- Look Before You Leap
- Developing breath control safely
- Making good decisions-choosing an exit point

1. Perform a Feet first entry into deep water, swim front crawl for 25 yards, change direction and position as necessary and swim elementary backstroke for 25 yards.
2. Swim breaststroke for 15 yards, change direction and position as necessary and swim back crawl for 15 yards.
3. Submerge and swim a distance of 3 to 5 body lengths underwater without hyperventilating, return to the surface, then exit the water.

### Learn-to-Swim Level 5: Stroke Refinement

**Water Safety**
- How to call for help and the importance of knowing first aid and CPR
- Recreational water illnesses
- Reach or Throw, Don’t Go-demonstrate
- Look Before You Leap-demonstrate
- Think So You Don’t Sink
- Think Twice Before Going Near Cold Water or Ice
- Wave, Tide or Ride, Follow the Guide

1. Perform a shallow-angle dive into deep water at least 9 feet deep, swim front crawl for 50 yards, then swim elementary backstroke for 50 yards using appropriate and efficient turning styles throughout.
2. Swim breaststroke for 25 yards, change direction of travel as necessary and then swim back crawl for 25 yards using appropriate and efficient turning styles throughout.

### Exit Skills Assessment

For more information call 573-686-8645 or visit pbparks.org
R.W. HUNTINGTON MUNICIPAL POOL

Explore PB Parks & Rec

For more information call 573-686-8645 or visit pbparks.org

SWIM LESSONS LEARN-TO-SWIM SKILLS CHART

Learn-to-Swim Level 6: Skill Proficiency - Personal Water Safety

- Front crawl open turn
- Back crawl open turn
- Front flip turn
- Backstroke flip turn
- Side stroke open turn
- Butterfly turn
- Breaststroke turn

Learn-to-Swim Level 6: Skill Proficiency - Fundamentals of Diving

- Front crawl open turn
- Back crawl open turn
- Front flip turn
- Backstroke flip turn
- Side stroke open turn
- Butterfly turn
- Breaststroke turn

Learn-to-Swim Level 6: Skill Proficiency - Fitness Swimmer

- Front crawl open turn
- Back crawl open turn
- Front flip turn
- Backstroke flip turn
- Side stroke open turn
- Butterfly turn
- Breaststroke turn

Specialty Knowledge and Skills

- HELP position, 2 minutes
- Huddle position, 2 minutes
- Feet first surface dive
- Tuck surface dive
- Pike surface dive
- Back float, 5 minutes
- Survival float, 5 minutes
- Survival swimming, 10 minutes
- Tread water, using legs only, 2 minutes
- Surface dive and retrieve an object from the bottom

- Basic stretching exercises
- Body alignment and control
- Surface dive and retrieve an object from the bottom
- Diving from poolside
  - Kneeling position
  - Forward dive fall-in
  - Standing dive
- Diving from the diving board
  - Kneeling position
  - Forward dive fall-in
  - Standing dive
- Takeoff from the deck
  - One- and two-part takeoff
- Takeoff from poolside
  - One-part takeoff
- Takeoff from the Diving Board
  - One- and two-part takeoff
- Forward jump, tuck position
  - Tuck position
  - With one-part takeoff from poolside
  - With one- and two-part takeoff from the diving board
- Forward dive, tuck position
  - With one-part takeoff from poolside
  - With one- and two-part takeoff from the diving board
- Forward jump, pike position
  - Pike position
  - With one- and two-part takeoff from the diving board
- Forward dive, pike position
  - With one- and two-part takeoff from the diving board
- Surface dive and retrieve an object from the bottom
- Circle swimming
- Using a pace clock
- Swimming using equipment, 25 yards
  - Pull buoys
  - Fins
  - Paddles
- Describe how to set up an exercise program
- Demonstrate various training techniques
- Calculate target heart rate
- Demonstrate aquatic exercise

- Circle swimming
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- Swimming using equipment, 25 yards
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- Describe how to set up an exercise program
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- Calculate target heart rate
- Demonstrate aquatic exercise
SWIM LESSONS LEARN-TO-SWIM SKILLS CHART

Learn-to-Swim Level 6:
Skill Proficiency-
Personal Water Safety

- Think So You Don’t Sink
- Swim as a Pair Near a Lifeguard’s Chair
- Know About Boating Before You Go Floating
- Look Before You Leap
- The danger of drains
- The dangers of hyperventilation and extended breath-holding

Learn-to-Swim Level 6:
Skill Proficiency-
Fundamentals of Diving

- Look Before You Leap
- The danger of drains
- Know About Boating Before You Go Floating
- Think So You Don’t Sink
- Swim as a Pair Near a Lifeguard’s Chair
- The dangers of hyperventilation and extended breath-holding

Learn-to-Swim Level 6:
Skill Proficiency-
Fitness Swimmer

- Look Before You Leap
- Know About Boating Before You Go Floating
- Think So You Don’t Sink
- Swim as a Pair Near a Lifeguard’s Chair
- The danger of drains
- The dangers of hyperventilation and extended breath-holding

Exit Skills Assessment

1. Swim 500 yards continuously using any 3 strokes, swimming at least 50 yards of each stroke.
2. Jump into deep water, perform a survival float for 5 minutes, roll onto back and perform a back float for 5 minutes.
3. Perform a feet first surface dive, retrieve an object from the bottom of the pool at a depth of 7 to 10 feet, return to surface and return to starting point.

Learn to Swim Level 6:
Skill Proficiency-
Personal Water Safety

A WORD TO PARENTS, OUR LIFEGUARDS ARE HIGHLY TRAINED AND SKILLED. THEIR JOBS ARE TO ASSIST IN MAKING OUR FACILITIES A SAFE PLACE TO BRING THE FAMILY. HOWEVER, THEY ARE NOT BABYSITTERS. PARENTS ARE EXPECTED TO WATCH THEIR CHILDREN AND TO ASSIST IN ENFORCING THE POLICIES FOR THE SAFETY AND ENJOYMENT OF ALL PATRONS. IN ADDITION, ALL CHILDREN UNDER AGE 7 MUST BE ACCOMPANYED AND SUPERVISED BY A PAYING ADULT.

POPLAR BLUFF SWIM TEAM PIRANHAS

Online registration at pbst.swimtopia.com will begin March 29, 2020. In person registration Sunday, March 29 from 2-4 pm at the Black River Coliseum Aquatics & Fitness Center Lobby. Will also be on-line to accept payment.

Youth ages from 5 to 18 years old are welcome. Participants can learn from professional coaches the different strokes and techniques of swimming. The swim team will compete at meets that are held on Saturdays during the summer season. Athletes will be required to swim full length of pool before competing at meets.

For more information call 573-686-8645 or visit pbparks.org

Practices are held mornings at the R.W Huntington Municipal Swimming Pool and/or The Black River Coliseum. Come join in the fun and family friendly Poplar Bluff Swim Team. Estimated cost per swimmer is $90 with $5 discount for each additional swimmer of same family-an additional one-time fee for the BRC pool use will be charged. For more information, contact Shannon Bradley @ 573-718-9990, visit pbst.swimtopia.com, or Poplar Bluff Piranhas Swim Team on Facebook.
LIFEGUARD BOOTCAMP
Come get your lifeguard and CPR renewed during this 4 day bootcamp. Bootcamp is open to the public at a cost of $100.00. Participants must be available to attend all sessions. For more information contact Park Office at 686-8645.

AMERICAN RED CROSS LIFEGUARD TRAINING

June 1-3, 2020 • 8:00 am - 5:00 pm
Cost: $185
Attendance at all sessions is mandatory

Lifeguard with Waterpark Certification: Minimum age 15. Ability to swim 300 meters (100 meters front crawl with rhythmic breathing, 100 meters breaststroke, 100 meters either front crawl or breaststroke). Must swim 25 yards, retrieve 10 lb. brick and swim back with no hands, face staying at the surface of the water in 1 minute and 40 seconds. No goggles allowed for this. Tread water for 2 minutes with no hands (hands must be placed in arm pits.)

JUNIOR LIFEGUARD PROGRAM

August 3-6, 2020 • 1:00 - 5:00 pm
Cost: $45
In Junior Lifeguarding Camp learn basic water rescues, valuable CPR and First Aid skills, and much more about the many roles of the Professional Lifeguard. Minimum requirements: Age: 12-14. Swim 50 yards continuously using free style and breaststroke. Tread water for a minimum of 1 minute. Retrieve a 10 pound block from the bottom of pool. Minimum of 5 and maximum of 10 participants.

(LGI) LIFEGUARD INSTRUCTOR TRAINING

June 1-5, 2020 • 8:00 am - Noon
Cost: $190
Online training will be included with this class. Teach the skills that saves lives. Learn how to train qualified men & women to become skilled & competent lifeguards. Course content will prepare instructor candidates to teach: Basic Level Lifeguard Training, Shallow Water Attendant, Lifeguard Management, CPR/AED for Lifeguards, Administer-Transmission & Basic Water Rescue. Total hours 26. Certificate: Lifeguard Training Instructor valid for 2 years. Initial authorization may be for less. Prerequisites: Must be 17 years of age by end of class; successfully complete pre-course Lifeguard Training written exam & demonstrate competency in Lifeguard Training pre-course swimming skills & scenarios. Successfully completed Fundamental of Instructor Training.

WATER SAFETY INSTRUCTOR TRAINING

Date: TBA
Cost: $175
This course is designed to certify students as American Red Cross Water Safety Instructors. Students completing this course will be eligible to teach all the Youth Lesson progressions, Parent and Child Lessons, Community Water Safety, and WSI aide. Instructor candidates will learn how to use program materials effectively, plan and conduct courses.

Students must have completed the Fundamentals of Instructor Training Course before enrolling in this course. This course will have blended learning with it. Registration is at the Park and Recreation Office.

WATER AEROBICS

Mon-Thurs, June 8-July 31, 2020
Noon - 12:45 pm
Cost: Full Session $60 Season Pass Walk-ins (per session) $3
Beat the heat and exercise at the same time. This water aerobic exercise program is designed for stretching, toning, flexibility, cardiovascular fitness and fun. This 45-minute program is designed to meet all the guidelines of a well-balanced aerobic workout. No swimming experience is required.

Cancellation due to inclement weather is at discretion of aquatics supervisor.

For more information call 573-686-8645 or visit pbparks.org
LIFEGUARD BOOTCAMP
May 15th: 4:00 pm - 9:00 pm
May 16th: 6:00 am - 12:00 pm
May 17th: 6:00 am - 12:00 pm

AMERICAN RED CROSS
LEARN TO SWIM PROGRAM
LEVELS 1 THROUGH 6
Register for American Red Cross Learn to Swim Program, Levels 1 through 6. Classes will last 45 minutes per day from 5:30pm to 6:15pm during each scheduled session. Classes limited to maximum number of 10 students.
Session 1: April 6-16
Session 2: April 20-30
Session 3: May 4-14
Cost: $25 for members $35 for non-members

WATER ADJUSTMENT
FOR TODDLERS
This program is intended to help the child develop a comfort level in and around the water, as well as to provide the parent with the necessary knowledge and skills to orient the child to the water and to safely supervise water activities. One parent or responsible adult must accompany each child in the water.
Maximum enrollment 10 and minimum 3.
Class time: 5:30 to 6:00pm
Class length 30 minutes per session
Session 1: April 6-8, 13-15
Session 2: April 20-22, 27-29
Session 3: TBA – May
For more information contact the Black River Coliseum Aquatics & Fitness Center at 573-686-8009.
Age: 2 years old through 4 years old
Cost: $20 for members $30 for non-members

PRIVATE SWIM LESSONS
You may want to consider private lessons if:
• Your child is more comfortable with a “one-on-one” setting.
• Your child learns quicker with less distraction.
• Your child is not competitive by nature.
• Your child needs more practice time.
• You are an adult wishing to improve your skills from beginning to end.
Scheduled on an individual basis, lessons can be tailored to fit any swimmer.
Cost: 1 Session 5 Sessions 10 Sessions
Members: $15 $60 $110
Non-Members: $18 $75 $140

SWIM TRAINING FOR LIFEGUARDS
April 25, 2020 • 8:00 - 11:00 am
Total Hours: 3 Cost: $20
TRAIN, PREPARE & PRACTICE: Swim training for lifeguard training allows student candidates an opportunity to practice strokes, receive feedback and or complete the lifeguard training pre-course swimming skills before the class begins. Avoid test anxiety, build endurance and learn efficient swimming techniques from an American Red Cross Instructor.
Certificate: None. However, if a student chooses to complete all prerequisite skills and does so successfully, they do not have to attend pre-course session at the beginning of the class. Prerequisites: Check with front desk.

For more information call 573-686-8645 or visit pbparks.org
LIFEGUARD TRAINING
Do you want to be certified as a lifeguard through American Red Cross? This class teaches all lifeguarding skills and how to respond to and prevent emergency situations. Certification: Lifeguard Training with Water Park, CPR for the Professional Rescuer, First Aid, Automated External Defibrillation, and Preventing Disease Transmission.

Attendance is mandatory at all sessions!
Minimum age 15 for lifeguard and 16 for lifeguard with Waterpark. Successfully complete pre-test.
Cost: $175.00 for members and $185.00 for non-members (includes lifeguard with waterpark)
Session 1: April 17-4:00-9:00pm and
April 18, 9-8:00am to 8:00pm
Session 2: May 1-4:00-8:00pm and May 2,3-8:00am to 8:00 pm
Session 3: December 28-30, 8:00am to 6:00pm

SWIM CAMP
June 8-12, August 3-7
Cost: $100
(Latchkey $25 includes snacks and lunch)

LIFEGUARD REVIEW CHALLENGE
May 16 8:00am - 8:00 pm
Cost: $100

TRIATHALON
TBA

2020 UPCOMING EVENTS AT THE COLISEUM
March 6 and 7 - Xtreme Bulls and Bands
March 13, 14, 15 - Xtreme Gymnastics
District Championships
March 17 - Harlem Globetrotters
March 28 - Sacred Heart Fiesta
April 12 - Westside Church of God Easter Service
May 9 - Rocky Mountain Elks Banquet
May 14 - Taste of Town
June 18 - Rodger Theater Banquet

August 6 - Back to School Fair
August 14 - St. Jude Banquet
August 22 - NRA Banquet
September 11 and 12 - Shriners Rodeo
September 18, 19, 20 - SEMO Con
September 24 - Women’s Aware Conference
October 17 - Father/Daughter Ball
December 1 - Santa Land
WAPPAPELLO LAKE

4TH ANNUAL WAPPAPELLO WOODLAND EXPO (WWE)
March 21, 2020
Redman Creek Recreation Area
8:00 am - 5:00 pm
This event is hosted by the Wappapello Lake Area Association (WLAA) and the U.S. Army Corps of Engineers. This event will be comprised of over ten activities in the Timber Sports Competition: Crafters, Vendors and Food; Little Lumber Jack Event; and Chainsaw events. It is FREE to attend. For more information please contact Park Ranger Jennifer Morse (573) 222-8562 or WLAA (573) 222-9860 Free to attend.

SPRING ROADSIDE CLEANUP
April 4, 2020
This community based event is open to the public. Volunteers are needed to help remove trash and litter along designated roadways leading to Wappapello Lake. A free lunch will be provided to all participants. Event runs from 8am-1030am. Meet at Management Office 8am. For more information please contact Park Ranger Aleigha Alexander (573) 222-8562.

42ND ANNUAL OLD GREENVILLE BLACK POWDER RENDEZVOUS
April 18-19, 2020
Come out and celebrate the longest consecutive running Rendezvous in the state of Missouri. Take a journey back in time at the Greenville Recreation Area from 8am to 5pm Saturday and 9am to 3pm Sunday. Experience a time in history when trapping and fur trading were a normal way of life. Feel the ground shake beneath your feet from the booming sounds of black powder rifles, candy cannon, and see primitive traders, hand crafted jewelry, primitive demonstrations, and old time children's games. This event is FREE to attend. It is done in partnership with Crowley’s Ridge Black Powder Club. The area is located 2 miles south of Greenville, Missouri, just off of U.S. Highway 67. For more information contact Melvin Boyers (573) 300-9595.
SUMMER BASH
May 23, 2020
Kids to Parks Day at the Bill Emerson Memorial Visitor Center from 10am-12pm for kids of all ages

Military Celebration
Redman Creek Recreation Area
10am-1pm

Live Music
Redman Creek Recreation Area
4pm-8pm

Fireworks Display at dark
This event is Free to attend. For more information contact Park Rangers Andrew Jefferson, Becky Hays, or Aleigha Alexander at (573) 222-8562.

RANGER WILLIE’S WET AND WILD WATER FEST
June 27, 2020
Redman Creek Beach
11am to 4:00 pm

This event is open to all ages. Activities will consist of inner tube races, P.F.D. Fashion Show, tug of war, card board boat construction and races, O.H.I.O. Challenge, etc. Fees for swimming are waived on this date at this beach only! It is done in partnership with SEMO Regional Water Safety Council, Wappapello Lake Area Association, U.S. Army Corps of Engineers, and local businesses. For more information contact Park Rangers Becky Hays or Aleigha Alexander at (573) 222-856.

JACK MILLER MEMORIAL KIDS FUN DAY
June 6, 2020
Lost Creek Recreation Area Pond
off of CR 523 at Wappapello Lake
8am to 1030 am

Activities will include fishing, casting, air rifle and Bow Shoot Archery, free lunch, and door prizes. It is open for all children 3 to 14 years old. Pre-registration is required. This event is done in partnership with the U.S. Army Corps of Engineers, Missouri Department of Conservation, Mingo Job Corps, Walmart, Millie’s and volunteers. For more information contact Park Rangers Andrew Jefferson at (573) 222-8562 or email Andrew.Jefferson@usace.army.mil or Becky.Hays@usace.army.mil.

5TH ANNUAL MOVIE IN THE PARK NIGHT
July 3, 2020
Spillway Recreation Area

For more information call 573-686-8645 or visit pbparks.org
25 MILE COMMUNITY WIDE YARD SALE

Labor Day Weekend
September 4-7, 2020
(Free spaces available on grounds at Visitor Center)
For more information contact Park Ranger Andrew Jefferson at (573) 222-8562 or email Andrew.Jefferson@usace.army.mil

WOODS EVENT

Wappapello Outdoors Opportunity for Disabled Sportsmen
September 12, 2020
8am to 2pm
Redman Creek Recreation Area
Activities will include boating, shoreline fishing, crafts, Dutch oven cooking, and archery/air rifle and games. The event is done in partnership with the SEMO Independent Living Center, Wheelin Sportsmen, Missouri Department of Conservation, Mingo Job Corps, U.S. Army Corp of Engineers, Wappapello Lake Area Association and local businesses. For more information contact Park Rangers Andrew Jefferson at (573) 222-8562 or email Andrew.Jefferson@usace.army.mil or Becky.Hays@usace.army.mil.

29TH ANNUAL OLD GREENVILLE DAYS

September 19-20, 2020
8am to 2pm
Greenville Recreation Area

Located two miles south of Greenville, Missouri just off of U.S. Highway 67. This FREE event consists of handmade arts/crafts, live bluegrass, gospel, country music, living history encampment, and a variety of great food. It is done in partnership with the Wayne County Historical Society, U.S. Army Corps of Engineers, Wappapello Lake Area Association, and Mingo Job Corps. For more information contact Park Rangers Andrew Jefferson at (573) 222-8562 or email Andrew.Jefferson@usace.army.mil or Becky.Hays@usace.army.mil.

For more information call 573-686-8645 or visit pbparks.org

JACK O’LANTERN JUBILEE

October 17, 24, and 31, 2020
Greenville Recreation Area

28TH ANNUAL FESTIVAL OF LIGHTS AUTO TOUR

November 27, 2020 – January 3, 2021
This community focused event is held in the Redman Creek Campground East starting the Friday after Thanksgiving from dusk to 9pm. It is free to attend and participate. A great opportunity to obtain free advertisement. Estimated attendance in 2019 was nearly 25,000. It is done in partnership with the U.S. Army Corps of Engineers, Wappapello Lake Area Association, and Peoples Community Bank. Special appearances by Santa and Bobber the Water Safety Dog takes place at the Bill Emerson Memorial Visitor Center. For more information contact Park Rangers Andrew Jefferson or Aleigha Alexander at (573) 222-8562.
Ozark Ridge Golf Course is an 18-hole, championship course that’s gained a reputation as one of the finest public courses in the Mid-South. Terrific features, such as, large bentgrass greens, protective bunkers, tree lined fairways, and a large driving range, just to name a few. There is a fully stocked pro shop with all the latest golf equipment and clothing on hand, and a grill where you can get your favorite sandwich and beverage. For more information on what the golf course has to offer contact the pro shop at (573) 686-8634.

**SEASON PASSES**

<table>
<thead>
<tr>
<th>Pass Category</th>
<th>Price</th>
<th>Age (If applicable)</th>
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<tr>
<td>Family</td>
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<tr>
<td>Individual</td>
<td>$1,250</td>
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<td>Senior Family</td>
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<td>Senior Individual</td>
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<tr>
<td>Junior Pass</td>
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Call for Season Pass payment options.
6 month or 12 month 686-8645 or 686-8634

**REGULAR RATES**

<table>
<thead>
<tr>
<th>Days</th>
<th>W/GOLF CART 18 Holes</th>
<th>W/GOLF CART 9 Holes</th>
<th>WALKING RATE 18 Holes</th>
<th>WALKING RATE 9 Holes</th>
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<tr>
<td>Mon-Fri</td>
<td>$28.00</td>
<td>$18.00</td>
<td>$14.00</td>
<td>$11.00</td>
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<tr>
<td>Sat/Sun/Holidays</td>
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<td>$20.00</td>
<td>$17.00</td>
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**GOLF CART RENTALS**

<table>
<thead>
<tr>
<th>Rate</th>
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<tr>
<td>Regular Rate</td>
<td>$14.00</td>
<td>$7.00</td>
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<tr>
<td>Riders</td>
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<td>$7.00</td>
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<tr>
<td>Private Carts</td>
<td>$15.00</td>
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</table>

*All Prices Per Season

**RANGE BALLS**

Range balls are available for $4/bucket

**RENTAL CLUBS**

Rental clubs are available for $5/set

**TEE TIMES**

Tee times need to be arranged in advance. Please call our office at 573-686-8634.

**TOURNAMENT RATES AVAILABLE**

For more information call 573-686-8645 or visit pbparks.org
RECREATIONAL GREENWAY AND TRAIL ETIQUETTE

Poplar Bluff Parks and Recreation promotes sharing the greenway, paved and natural trails with other users so that everyone can equally enjoy their experience. Greenway and trail etiquette is a tool to help inform other users of the courteous ways to interact on recreational trails.

THINGS TO KNOW BEFORE YOU GO:
• Poplar Bluff Parks and Recreation trails are open from sunrise to sunset.
• Ticks, chiggers, and mosquitoes are common April through October. Be prepared with insect repellent.
• Know your physical capabilities when choosing a trail.
• Always carry water to ensure you stay hydrated.
• Watch the weather and dress appropriately.
• If available, read the information on the trailhead signs and maps to become oriented and aware of the trail terrain, length, and special features.

GENERAL GUIDELINES FOR ALL USERS:
• Be courteous of all other users regardless of their sport, speed or skill level. Obey traffic rules and signs. Stay to the right and pass on the left when safe and appropriate. Give an audible warning before passing. When stopping, move off of the trail. Travel at a safe and reasonable speed. Faster users yield the right of way to slower users. Users should be single file when in groups and approaching other users. Stay on the trail to protect the vegetation. Removal of plants, animals, rocks, downed timber, artifacts or relics is prohibited.
• All pets must be kept on a leash for their protection and that of other users and wildlife. Please pick up after your pet. Bags are provided for waste removal, please deposit bags in trash receptacles. Enjoy and respect wildlife and landscape; do not disturb. Take only pictures, and leave only footprints.
• Vandalism and theft of trail amenities will result in prosecution. Report crime and maintenance problems to Poplar Bluff Parks and Recreation, 686-8645. Reckless behavior that endangers other trail users is prohibited. Carry out what you carry in. If the trail users before you have not done this, you can help by removing their trash too.
• No power-driven mobility devices, except ADA on paved trails. No power-driven devices on natural trails.

WOLF CREEK BICYCLE TRAIL

U.S. Forest Service
Wolf Creek Bicycle Trail
The local Poplar Bluff Ranger District, Mark Twain National Forest, has developed a 21-mile multi-purpose bicycle trail system north of Poplar Bluff in partnership with the Poplar Bluff Parks and Recreation Department, Missouri Department of Natural Resources and other partners. The Wolf Creek Mountain Bicycle Trail is available for cycling, as well as hiking and trail running. The trail system is generally west of Highway 67, approximately 2 miles northwest of Poplar Bluff between Highway PP and Highway 67 North on both sides of Forest System Road (FSR) 3107 (Wolf Creek Road). The location was chosen based on its close proximity to the city and recommendations of local cyclists.

Maps are available at the Poplar Bluff Ranger District office. To obtain further information about the trail system, contact Poplar Bluff Ranger District at 573-785-1475.

POPLAR BLUFF GREENWAYS

Poplar Bluff’s Greenway miles have more than doubled in the last five years. Currently there are about eight miles of mapped trails across four parks. Earlier walking trails include Ferguson Grove located at 900 North Main Street which has a paved walking trail equal to 0.27 miles per lap. Hendrickson Park located at 1200 West Davis Street has a loop equal to 0.56 miles. The expansion that was completed in 2016 starts behind First Midwest Bank on Maud Street and carries on through Bacon Park, Hendrickson Park, and ends on Gray Street at the city cemetery. The total for this trail is 1.22 miles. Bacon Park located on Harper Street between Hendrickson and the expansion trail has a loop of 0.52 miles. Jerry F. McLane Park has a paved walking trail which is 0.96 miles without the loop; add the loop and it is 1.33 miles.

For more information call 573-686-8645 or visit pbparks.org
PICKLEBALL

The Hillcrest Park tennis courts have been resurfaced and updated to give players the choice of playing tennis or pickleball. A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

Description of Equipment
When playing pickleball, each player will need a pickleball paddle, which is smaller than a tennis racquet but larger than a ping-pong paddle. Originally, paddles were made only from wood, however, today's paddles have evolved dramatically and are primarily made of lightweight composite materials, including aluminum and graphite. Players will also need a net and a pickleball. The ball is unique, with holes through it like a whiffle ball. Different ball models are intended for indoor and outdoor play. Balls come in several colors, including white, yellow and green, but must be a single color to meet International Federation of Pickleball (IFP) specifications.

The Basics
- A fun sport that combines many elements of tennis, badminton and ping-pong.
- Played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net.
- Played with a paddle and a plastic ball with holes.
- Played as doubles or singles.

Contact: Jack Rushin
573-429-8442
Facebook: pbpickleball

For more information call 573-686-8645 or visit pbparks.org
FACILITIES

The Parks and Recreation Department maintains various recreation facilities in the city parks including a swimming pool, nine lighted baseball/softball fields, three lighted soccer fields, five picnic pavilions, two paved multi-purpose trails, a boat launch, and golf course with driving range and many other park amenities. Additional information on these facilities is available at the Park Office.

THE DOG PARK

DOWNTOWN POPLAR BLUFF

Two fenced in areas, one for small dogs and one for larger dogs is located at 400 South Second Street, Poplar Bluff. The Dog Park is overseen by the Downtown Poplar Bluff organization.

For a complete listing of the rules: https://www.facebook.com/downtowndogpark/
https://poplarbluff-mo.gov/307/The-Dog-Park---Downtown-Poplar-Bluff

KEEP YOUR PARKS SAFE

Each year the Parks and Recreation Department incurs a great deal of expense to repair damage caused to your parks by vandalism. Please notify the Parks and Recreation Office if you see broken playground equipment, damaged facilities or vandalism anywhere in the park system.

Please help everyone by immediately reporting any vandalism, misuse or abuse of park property to the Police Department by calling 785-5776 and the Park Office 686-8645. Give authorities as much information as possible about what you observed including descriptions of person and/or vehicle and license numbers. If you choose to remain anonymous you may do so. Your participation will help assure safe, quality parks for our community.

GIFTS AND MEMORIALS

Leave a legacy for generations to come with a gift to your parks or honor a loved one with a memorial that lasts. For instance, one can purchase a bench, tree or other feature. Contact our office to learn how a gift of any size can be a treasure for the future.

PICNICS

Picnic facilities are provided in our parks and can be used on a first-come, first-served basis when not reserved. Pavilions located in Hillcrest, Whiteley, Sportsmen and Hendrickson Parks can be reserved for $25 from 8am-2pm or 3-9pm per day per pavilion or $40 all day. Reservation fees are non-refundable.

PETS

Your parks are a great place to walk your furry four-legged friend. Please be a responsible pet owner and clean up after them. Pet waste transmits disease. Dog waste bags are located at Ferguson Grove, McLane, and Hendrickson Parks. It is always a good idea when walking your pet to bring along a bag just in case bags are not available. PETS MUST BE ON A LEASH AT ALL TIMES. Ordinance #7165

For more information call 573-686-8645 or visit pbparks.org
ADOPT-A-PARK
The Parks and Recreation Department would welcome an organized group or organization to help maintain our city parks. If you would like to participate, contact the Park Office at 686-8645.

PLEASE HELP
Keeping our parks in the best condition is a full-time job. By taking pride in the parks and keeping them clean, Poplar Bluff residents help maintain and support our community. The Parks & Recreation Department wants to work with residents in providing quality recreational programs and attractive parks. Your suggestions regarding park improvement, recreational activities, clinics, or sports programs are greatly appreciated.

ACCESS FOR THE DISABLED
The City of Poplar Bluff has adopted a non-discrimination policy on the basis of handicapped status in the admission access to or employment in its municipal program of activities. The Recreation Department will make reasonable accommodations to persons with disabilities. Persons needing accommodations to participate in a program or service should notify the recreation office in advance. The City is in the process of making its facilities more accessible to the disabled.

PROHIBITED ACTIVITIES
- Littering.
- Operating a vehicle off the roadways and parking areas.
- Damaging property.
- Using parks from 10:00 p.m. to 6:00 a.m.
- Using a trash receptacle for other than its intended use.
- Unauthorized use of ball fields for organized sports.
- Unauthorized alterations, improvements and/or changes to facilities (i.e. dragging ball fields without permission of department.)
- Building fires not confined to a barbecue pit.
- Use of alcoholic beverages.
- Disturbing the peace.
- Setting off fireworks.
- Camping overnight.
- Allowing pets to run off leash.
- Bounce Houses are not allowed in the parks.

Volunteer Opportunities
The gift of time is valuable to those who give and receive. You can share your time and talent with our recreation, horticulture or maintenance departments. Individuals and groups are welcome to partner with us. Some examples of volunteer opportunities are coaching, gardening, litter patrol, and programming.

Program Cancellation Policy
Decisions on the cancellation of evening activities due to inclement weather will be made at 3:30pm daily. Once a decision is made a text message alert (see page 2 for information on texting) will be sent, all local radio stations will be notified and the information will be on the Park Department Hotline (686-8000) and website www.pbparks.org. We recognize the possibility that a sudden weather change could create a situation in which a program might have been possible, but feel the importance of early and accurate communication outweighs that chance. All programs are subject to immediate cancellation if the weather changes after the 3:30pm decision.
Funding for this project was provided in part by the Missouri Foundation for Health. The Missouri Foundation for Health is a philanthropic organization whose vision is to improve the health of the people in the communities it serves.

**Trainings**

**Babysitting & Child Care Training**
August 3-6, 2020
8:00 a.m. to noon
Poplar Bluff Municipal Library
Ages: 12—14 years old
Cost: $45
Minimum Enrollment: 3

The American Red Cross is the nation’s leader in babysitting classes and child care training — and will prepare youth to be the best sitter in their neighborhood. In fact, 8 in 10 surveyed parents said they would pay more for a trained babysitter who holds Red Cross babysitter certifications. Start your babysitting business on the right foot and learn how to be a safe, professional and reliable sitter.

Designed for new babysitters this Red Cross childcare training course will allow youth to gain the skills necessary to care for kids of all ages. It will help participants develop leadership skills, build their business, help keep themselves and others safe, learn basic child care and basic first aid. The course will be taught according to skill level. **Must be able to attend all classes to receive certification!**

NOTE: Babysitting and Junior Lifeguard can be combined for a total cost of $100. Participants will stay at Hillcrest Pool each day until 5:00 p.m.

Morning/afternoon snacks and lunch will be provided for participants enrolled in both classes.

For more information call 573-686-8645 or visit pbparks.org
Ferguson Grove: This shaded paved walking trail is located in the heart of Poplar Bluff at 900 North Main Street. One lap around the park is 0.27. Amenities: Picnic tables, pet friendly.

Hendrickson Park: Located at 1200 West Davis Street. This walking trail was expanded and starts behind First Midwest Bank and extends through Bacon Park, Hendrickson Park and to the city cemetery. It is 1.22 miles. The loop at Hendrickson Park is 0.56 miles. Amenities: Pavilion, grill, picnic tables, playground, pet friendly, bathrooms (seasonal).

McLane Park: Located at 474 Hwy W. This beautiful park has a paved walking trail of 0.96 miles without the loop; add the loop and it is 1.33 miles. Amenities: Baseball/softball complex, bathrooms, picnic tables, pet friendly.

Shelby Trail: With the latest addition to Shelby Trail connecting to McLane Park, starting at the McLane Complex and ending on Kanell Blvd. distance is 3.84 miles. PP Hwy. to Hwy 53 adds 2.17 miles. Amenities: Pet friendly.

Hillcrest Park: This is the oldest park in Poplar Bluff. It is located on Second and Relief Streets. Amenities: Pavilion, grill, bathrooms—seasonal, picnic tables, ball field, and the R. W. Huntington Municipal Pool.

Whiteley Park: Located on the south side of Poplar Bluff at Highways 53 and 142. Amenities: Pavilions, grills, playgrounds, bathrooms—seasonal, picnic tables, ball fields, soccer fields. Ozark Ridge Golf Course, an 18-hole championship course is located at 3045 Cravens Road.

Downtown Poplar Bluff: Across from the Poplar Bluff Post Office is the Downtown Park. Amenities: Pavilion, picnic tables, paved sidewalk, pet friendly. Skate Plaza is located at 300 Moran Street. The Dog Park is located at 400 South Second St.

Black River Industrial Park: This park is located on the east side of Poplar Bluff on Industrial Park Road. Amenities: Soccer fields, ball fields, bathrooms—seasonal. Also located on the east side of Poplar Bluff is Linc Park, D Street. Amenities: basketball, playground, softball, pavilion, bathrooms—seasonal. Sportsman’s Park located on Business Hwy 60E. Amenities: Pavilion, picnic tables, boat ramp, accessible fishing.

Wheatley Park: This park is located at 921 Garfield St. and was once Wheatley School. The Park Department has partnered with the Wheatley Historical Preservation Society. Amenities: Playground, pavilion, basketball.

Kiwanis Bacon Park: Owned by the Kiwanis this park is located on Harper Street behind the Poplar Bluff Middle School. This trail is a part of the Poplar Bluff Greenway. It connects to Hendrickson Park. The loop at Bacon Park is 0.52 miles. Amenities: Pavilions, grills, playgrounds, all inclusive playground, basketball, disc golf, softball. For pavilion rental call 573-785-3338.

Ray Clinton Park: Located on B Street. This park is maintained by the City of Poplar Bluff. Wiseman Park is also maintained by the City of Poplar Bluff and is located on South Second Street. Amenities: Basketball, picnic tables.
The object is to take a digital photo of the items below and email them to admin@pbparks.org. Pictures will be placed on a digital passport and shared on Facebook. The digital passport holds eight photos. Each completed passport will be entered into a drawing.

**Drawing to be held Monday, August 17.**

1st Place: $75 gift card  
2nd Place: $50 gift card  
3rd Place: $25 gift card

**Photos from one of our local Parks (Whiteley, Hendrickson, McLane, Ferguson Grove, Shelby Trail, Hillcrest, R. W. Huntington Pool, Ozark Ridge Golf Course, Downtown Park, Linc Park, Sportsman’s Park, Dog Park, Kiwanis Bacon Park, Black River Park, Ray Clinton Park, Skate Plaza, Wheatley Park, or Wiseman Park**

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<thead>
<tr>
<th>Soccer Game</th>
<th>Doggie Waste</th>
<th>Lady Bug</th>
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<tbody>
<tr>
<td>Baseball/Softball</td>
<td>Station</td>
<td>Caterpillar</td>
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<tr>
<td>Game</td>
<td>Dog Park</td>
<td>Disc Golf Basket</td>
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<td>Playground</td>
<td>Huntington Pool</td>
<td>Insect</td>
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<tr>
<td>Equipment</td>
<td>Tennis Court</td>
<td>Pavilion</td>
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<tr>
<td>Swing</td>
<td>Benches</td>
<td>Picnic Table</td>
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<td>Water Fountain</td>
<td>Bleachers</td>
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<td>Gazebo</td>
<td>Creek</td>
<td>Skate Plaza</td>
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<td>Statue</td>
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<td>Stage</td>
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<td>Walking Trail</td>
<td>Pine Cone</td>
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<td>Bird</td>
<td>Acorn</td>
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<td>Grill</td>
<td>Squirrel</td>
<td>Spider</td>
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<td>Flowerbed at a park</td>
<td>Animal Tracks</td>
<td>Trash Can</td>
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<tr>
<td>Tree at a park</td>
<td>Frog</td>
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For more information call 573-686-8645 or visit pbparks.org
<table>
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<tr>
<th>Park Name</th>
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<tr>
<td>KIWANIS BACON PARK</td>
<td>Harper Street</td>
<td>Trails, Pavilion, Picnic, Playground</td>
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<tr>
<td>BLACK RIVER PARK</td>
<td>Black River Industrial Park</td>
<td>Trails, Pavilion, Picnic</td>
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<tr>
<td>DOWNTOWN PARK</td>
<td>Poplar Street</td>
<td>Pavilion, Picnic, Playground, Grill</td>
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<tr>
<td>FERGUSON GROVE</td>
<td>9th &amp; Maud Streets</td>
<td>Trails, Pavilion, Picnic, Grill, Bathroom</td>
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<tr>
<td>HENDRICKSON PARK</td>
<td>12th &amp; Davis Streets</td>
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<tr>
<td>HILLCREST PARK</td>
<td>2nd &amp; Relief Streets</td>
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<td>LINC PARK</td>
<td>D Street</td>
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<td>McLANE PARK</td>
<td>484 Hwy W.</td>
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<tr>
<td>R.W. HUNTINGTON POOL</td>
<td>430 N. 2nd St.</td>
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<td>OZARK RIDGE GOLF COURSE</td>
<td>3045 Cravens Rd.</td>
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<td>RAY CLINTON PARK</td>
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<td>SKATE PLAZA</td>
<td>300 Moran Street</td>
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<tr>
<td>SPORTSMAN’S PARK</td>
<td>Business Hwy. 60 E.</td>
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</tr>
<tr>
<td>THE DOG PARK</td>
<td>400 S. 2nd Street</td>
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</tr>
<tr>
<td>WHEATLEY PARK</td>
<td>921 Garfield</td>
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<td>WHITELEY PARK</td>
<td>Hwys. 53 &amp; 142</td>
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<tr>
<td>WISEMAN PARK</td>
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