



## CONTEST RULES

1. The 8-9 year old divisions shoot four feet in front of the regulation foul line.
2. The 12-13-year-old-boys division shoots with a 29.5" basketball. All other divisions shoot with a 28.5" basketball.
3. All contestants should be given an official opportunity to warm up. Ten minutes is recommended.
4. Each contestant should be given up to five warm-up shots, if desired, before shooting for score. The number of warm-up shots is at the discretion of the contest coordinator, but it is recommended that five shots are offered. Then, the contestant will shoot their first 10 shots for score, return to the end of the line, and shoot their final 15 shots without additional warm-up.
5. After a contestant is handed the ball, they have up to 10 seconds to make a free throw attempt. If a contestant takes longer than 10 seconds to shoot, a penalty occurs and the shot is void. A free throw begins when the ball is given to the contestant at the free throw line. It ends when the try is successful, when it is certain that the try will be unsuccessful, or when the ball becomes dead.
6. The contestant must stay behind the foul line until the ball has touched the hoop, backboard or net. If the line is touched before this happens, a penalty occurs and the shot is void.
7. Ties will be broken by taking five additional shots in the same shooting order until the winner is determined.

Visit [elks.org/hoopshoot/compete](https://elks.org/hoopshoot/compete) for complete contest rules and equipment guidelines.

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